



Formation Series –"Empowering Youth: Navigating Contemporary Challenges through Education."

Welcome to our series of formation sessions for 2024. I take this opportunity to thank our Confederal Team on Formation. They have worked very hard to bring about meaningful and effective contemporary topics so crucial to our mission, specifically the young. Thank you, Sr. Gabriela, Olivia, and Marcela.

I would also like to acknowledge the hard work that our translators put in to have this information at your fingertips. The dedicated time and effort are very much appreciated. Thank you!

Today, we start with a series of three modules where we focus on Empowering Youth to Navigate Contemporary Challenges.

In today's rapidly changing world, the experiences and expressions of youth affectivity and sexuality are evolving within increasingly complex and fluid contexts. As educators and mentors, it is our responsibility to empower young people with the knowledge, skills, and understanding to navigate these challenges effectively.

During this time of formation, we aim to provide a platform for open dialogue, learning, and growth. Through this series, we will delve into various aspects of youth affectivity and sexuality, exploring the intricacies of relationships, identity formation, consent, and the impact of societal influences.

Our goal is to equip participants with valuable insights and practical tools to support the holistic development and well-being of young people. Together, we will navigate the complexities of contemporary issues and empower youth to make informed choices, foster healthy relationships, and thrive in an ever-changing world.

Let us take this journey of education, exploration, and empowerment as we strive to create a more inclusive and supportive environment for our youth of today and tomorrow.

Welcome!